

LEADERS TOTAL RECALL





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Habits/ Respect	Integrity/ Self-Control	Compassion/ Courage	Teamwork/ Excellence	Humility/ Enthusiasm
<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>

Habits/Respect – 100pt Question

What is a habit?



Habits/Respect – 100pt Answer

A habit is something you do over and over again until you can do it without thinking.



Habits/Respect – 200pt Question

What is the definition of
Respect?



Habits/Respect – 200pt Answer

Respect is treating someone
the way you want to be
treated.



Habits/Respect – 300pt Question

What does Respect sound like?



Habits/Respect – 300pt Answer

”You look nice today”

“Thanks for being a great friend”

“Let me hold the door for you”

“You are important and valuable”

(Answers will vary)



Habits/Respect – 400pt Question

Name one good habit



Habits/Respect – 400pt Answer

Studying for tests

Helping your family with chores

Being on time

Brushing your teeth

(Answers will vary)



Habits/Respect – 500pt Question

What is the 4-step process for replacing bad habits?

S _____

T _____

O _____

P _____



Habits/Respect – 500pt Answer

See it (see what your bad habits are)

Trade it (trade the bad habit out for a good one)

Others (let others help you out)

Practice (this change won't happen right away, you have to practice!!)



Integrity/Self-Control – 100pt Question

What is the definition of integrity?



Integrity/Self-Control – 100pt Answer

Integrity means doing the right thing, even when no one is watching.



Integrity/Self-Control – 200pt Question

What is the definition of Self-Control?



Integrity/Self-Control – 200pt Answer

Self-Control means being in control of your actions and feelings.



Integrity/Self-Control – 300pt Question

How did Horton show Integrity in the book “Horton Hatches an Egg”?



Integrity/Self-Control – 300pt Answer

Horton showed integrity because he was committed to do the right thing, even though it was difficult.



Integrity/Self-Control – 400pt Question

Which is better, to
RESPOND to a situation, or
to **REACT**? Why?



Integrity/Self-Control – 400pt Answer

It is better to **RESPOND** because that means that you have taken the time to stop and think about the consequences.



Integrity/Self-Control – 500pt Question

Name one way that you can
be a S.T.A.R.



Integrity/Self-Control – 500pt Answer

Stop, Think And Respond

Count to 10

Take a few deep breaths

Find a trusted adult to help you

Listen to music

Walk away

(Answers will vary)



Compassion/Courage – 100pt Question

What is the definition of
Compassion?



Compassion/Courage – 100pt Answer

Compassion means seeing a need and doing something about it.



Compassion/Courage – 200pt Question

What is the definition of
Courage?



Compassion/Courage – 200pt Answer

Courage means
overpowering your fears for a
purpose.



Compassion/Courage – 300pt Question

After you see a need, you
need to take _____.



Compassion/Courage – 300pt Answer

ACTION



Compassion/Courage – 400pt Question

What does it mean to “put yourself in someone else’s shoes”?



Compassion/Courage – 400pt Answer

This means that you should stop and think about what that person may be feeling in a certain situation. How would you feel if you were in the same situation?



Compassion/Courage – 500pt Question

What did Malala tell us about
Courage and Fear?



Compassion/Courage – 500pt Answer

Fear is normal, but courage is acting bravely even though you are afraid.

“We were scared, but our fear was not as strong as our courage” – Malala Yousafzai



Teamwork/Excellence – 100pt Question

What is the definition of
Teamwork?



Teamwork/Excellence – 100pt Answer

Teamwork means working together to accomplish a goal.



Teamwork/Excellence – 200pt Question

What is the definition of
Excellence?



Teamwork/Excellence – 200pt Answer

Excellence means doing your
personal best.



Teamwork/Excellence – 300pt Question

What two things are needed for
good Teamwork?

C _____ and

E _____ C _____



Teamwork/Excellence – 300pt Answer

Cooperation and Effective Communication



What was Flint passionate about in “Cloudy with a Chance of Meatballs”?



Teamwork/Excellence – 400pt Answer

Flint was passionate about inventing new things and helping his town.



Teamwork/Excellence – 500pt Question

What EXCELLENT person did your small group discuss in “Ups and Downs”



Teamwork/Excellence – 500pt Answer

Oprah, J.K. Rowling, Michael
Jordan, Thomas Edison,
Cesar Chavez

(Answers will vary)



Humility/Enthusiasm – 100pt Question

What is the definition of
Humility?



Humility/Enthusiasm – 100pt Answer

Humility means using our gifts to help other people without thinking of ourselves higher than others.



Humility/Enthusiasm – 200pt Question

What is the definition of
Enthusiasm?



Humility/Enthusiasm – 200pt Answer

Enthusiasm means choosing
to find the good in every
situation.



Humility/Enthusiasm – 300pt Question

What was the purpose of the
“My Fingerprints” activity?



Humility/Enthusiasm – 300pt Answer

To help us realize that we are all unique and identify what special gifts or talents we have that we can use to help others.

(Answers will vary)



Humility/Enthusiasm – 400pt Question

How did the deaf singer,
Mandy Harvey, show
Enthusiasm?



Humility/Enthusiasm – 400pt Answer

Mandy showed Enthusiam by choosing to have a positive attitude and keep seeing, even though she lost her hearing and was depressed.



Humility/Enthusiasm – 500pt Question

How did our T1L1 group practice Humility this semester?



Humility/Enthusiasm – 500pt Answer

We practiced Humility by participating in our service project!

