

JEOPARDY!





JEOPARDY!

Habits/
Respect

Integrity/
Self-Control

Compassion/
Courage

Teamwork/
Excellence

Humility/
Enthusiasm

100

100

100

100

100

200

200

200

200

200

300

300

300

300

300

400

400

400

400

400

500

500

500

500

500

Habits/Respect – 100pt Question

What is a
Relationship Bank Account?



Habits/Respect – 100pt Answer

It is like a checking account at a bank.

You can make deposits and improve the relationship, or take withdrawals and weaken it.



Habits/Respect – 200pt Question

Habits determine our

_____ or _____ in life.



Habits/Respect – 200pt Answer

Habits determine our
success or failure in life.



Habits/Respect – 300pt Question

Name 2 of the 4 ways we can treat others with respect.



Habits/Respect – 300pt Answer

1. What we say

(actual words used)

2. How we say it

(tone of voice – exaggeration, big heavy sigh, etc.)

3. Body language

(rolling eyes, stomping feet, slouching, etc.)

4. Our thoughts

(what we are thinking towards a person without saying it)



Habits/Respect – 400pt Question

What is the 4-step process to change bad habits to good habits?

I _____

T _____

R _____

A _____



Habits/Respect – 400pt Answer

Identification (identify the bad habit)

Triggers (think about why you turn to this habit)

Replace (replace the bad habit with a good habit)

Accountability (give a trusted friend permission to help you)



Habits/Respect – 500pt Question

What is the Live It Out! for
Habits and Respect?



Habits/Respect – 500pt Answer

Habits:

Replace bad habits with good habits.

Respect:

Treat others the way you want to be treated.



Integrity/Self-Control – 100pt Question

What is influence?



Integrity/Self-Control – 100pt Answer

The ability to have an effect on the character or behavior of someone else.



Integrity/Self-Control – 200pt Question

What is the difference between responding and reacting?



Integrity/Self-Control – 200pt Answer

Responding:

Thinking about your choice
then making the right decision.

Reacting:

Doing something without thinking
and acting off your emotions.



Integrity/Self-Control – 300pt Question

What are the 3 D's that can help you when faced with a decision that tests your integrity?

D _____

D _____

D _____



Integrity/Self-Control – 300pt Answer

Decide it. (decide what choice you are going to make)

Do it. (follow through with action)

Defend it. (defend your decision to yourself and to others who try to persuade you to do the wrong thing)



How do strength and discipline play
a role in demonstrating
Self-Control?



Integrity/Self-Control – 400pt Answer

Strength:

Having the mental power to resist any temptation.

Discipline:

Practicing strength by preparing yourself to say ‘no’ to things, trying to find positive alternatives or even walking away.



Integrity/Self-Control – 500pt Question

What is the Live It Out! for
Integrity and Self-Control?



Integrity/Self-Control – 500pt Answer

Integrity:

Do what is right,
even when nobody is looking.

Self-Control:

Respond, don't react.



Compassion/Courage – 100pt Question

What is
Compassion?



Compassion/Courage – 100pt Answer

A feeling of love, kindness, caring about others or having sympathy for another person's suffering.



Compassion/Courage – 200pt Question

How can we apply the
Voice of Truth
when making decisions where
courage is necessary?



Compassion/Courage – 200pt Answer

**Our Voice of Truth
will guide us to do what is right in
the current situation.**



Compassion/Courage – 300pt Question

How do understanding and responsiveness both play a role in showing compassion?



Compassion/Courage – 300pt Answer

Understanding:

Being aware of other people's feelings.

Listening to them and hearing their hurts.

Responsiveness:

Doing something to help someone in need.

Taking action.



Compassion/Courage – 400pt Question

What is the difference between heroic risk and risky behavior?



Compassion/Courage – 400pt Answer

Heroic Risk:

Standing up for what is right,
even in the face of fear.

Risky Behavior:

Behavior that potentially exposes you to harm, or
significant risk of harm which will prevent you from
reaching your potential.



Compassion/Courage – 500pt Question

What is the Live It Out! for
Compassion and Courage?



Compassion/Courage – 500pt Answer

Compassion:

See the need and do something about it.

Courage:

Conquer your fears to fulfill your purpose.



Teamwork/Excellence – 100pt Question

What is the difference between communication and effective communication?



Teamwork/Excellence – 100pt Answer

Communication:

Generally talking with someone, having a conversation.

Effective Communication:

Clearly communicating in such a way that people will listen and understand you.

Relaying a message in a clear and direct way.



Teamwork/Excellence – 200pt Question

How does passion
fuel your goals in life?



Teamwork/Excellence – 200pt Answer

Having passion can help you get through and overcome difficult obstacles on the way to reaching your hopes and dreams.



Teamwork/Excellence – 300pt Question

What is the 1st component in
Teamwork?

Trust and
effective communication.



Teamwork/Excellence – 300pt Answer

Cooperation and Effective
Communication.



Teamwork/Excellence – 400pt Question

What are the 3 levels of Excellence?



Teamwork/Excellence – 400pt Answer

Poorly
Good Enough
Personal Best



Teamwork/Excellence – 500pt Question

What is the Live It Out! for
Teamwork and Excellence?



Teamwork/Excellence – 500pt Answer

Teamwork:

Work together to accomplish a goal.

Excellence:

Do your personal best.



Humility/Enthusiasm – 100pt Question

Why is having a healthy self-esteem important?



Humility/Enthusiasm – 100pt Answer

When you accept and know who you are, no one can bring you down.



Humility/Enthusiasm – 200pt Question

What does it mean to have a proper perspective?



Humility/Enthusiasm – 200pt Answer

Looking at any situation and seeing
the bigger picture.



Humility/Enthusiasm – 300pt Question

What is the difference between humility and conceit?



Humility/Enthusiasm – 300pt Answer

Humility:

Thinking more of others than yourself.

Not needing praise for good works.

Conceit:

Thinking of yourself more than others.

Having an “all about me” attitude.



Humility/Enthusiasm – 400pt Question

What 2 components make up
Enthusiasm?



Humility/Enthusiasm – 400pt Answer

Positive Thinking and
Perspective.

Proper



Humility/Enthusiasm – 500pt Question

What is the Live It Out! for
Humility and Enthusiasm?



Humility/Enthusiasm – 500pt Answer

Humility:

Use your strengths to help others.

Enthusiasm:

Energize yourself and others.

